

# CAP Choice

## Advantages:

- Freedom to decide the best way to meet your needs
- More flexibility and control over your services and supports
- Your choices can stretch your CAP budget further to purchase more services and supports

Is CAP Choice right for everyone?

Each person needs to make that decision for themselves. The CAP/DA Lead Agency can provide training material that can help you (or your appointed representative) to understand the responsibilities of directing your own care. The Lead Agency can further assist with a self assessment checklist that can help you identify areas of understanding self-directed care, as well as areas that need strengthening.

For more information to help you decide contact:

your CAP/DA Case Manager

or the CAP/DA Lead Agency

for your county.



**Ashe Services for Aging**

*Comprehensive Support for Better Senior Living*

*CAP  
Choice*



**A Consumer Directed  
Option to Nursing  
Home Placement**

*Ashe Services for Aging, Inc.*

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## What is CAP/Choice?

The CAP/Choice program allows older and disabled adults the opportunity to direct and have increased control over the services and supports that are arranged to meet their needs.

## Who qualifies for CAP/Choice?

The participant must meet all criteria:

- Currently receives CAP/DA services or meets basic criteria for HCBS waiver participation.
- Understand the rights and responsibilities of directing one's own care.
- Willing to assume the responsibilities or select a representative who is willing and capable to assume necessary responsibilities.

## What to expect on CAP Choices?

- Consumer decides how to arrange services to meet their needs
- Care Advisor assists with planning care needs and ensures needs are safely met
- Consumer works with Care Advisor and Financial Intermediary to coordinate services
- Consumer is the Employer of Record for Personal Assistant and is responsible for:
  - recruiting, hiring, supervising and training
  - setting pay rate
  - setting schedule & personalized tasks to suit their needs and lifestyles

How is CAP-Choice Different?	
Traditional CAP/DA	CAP/Choice
Social Worker directly manages care needs	Care Advisor assists with planning care needs, teaches the consumer how to be an employer and ensures that needs are safely met
In-home aide hired/supervised by agency	As the "Employer of Record, you the consumer finds, hires, supervises and evaluates your employee (personal assistant)
Agency sets in-home aide's rate of pay and pays aide	Consumer sets pay rate for personal assistant and financial manager pays employee
Social Worker and the consumer decide aide's tasks within guidelines allowed by In-home aide	Consumer chooses personalized tasks and trains Personal Assistant to do them
Consumer calls Social Worker if aide's hours need to change	Consumer has authority to set and vary Personal Assistant to do them
Social Worker locates and orders medical supplies and equipment	Consumer assists in locating supplies & equipment, then plans with Care Advisor