

# Contact

## Us at:

Ashe Services for Aging  
180 Chattyrob Lane  
West Jefferson, NC 28694  
Phone: (336) 246-2461  
Senior Center: (336) 246-4347  
Fax: (336) 246-5724  
[www.AsheAging.org](http://www.AsheAging.org)

## Hours of Operation

Monday-Friday

8:00am-5:00pm

Evening and weekend hours are available for In Home Aide Services.

The Senior Center is open evenings and weekends for classes and special events.

*\*Ashe Services for Aging is an equal opportunity employer and provider.\**



# ASHE SERVICES FOR AGING, INC.



Quality Care In  
Your Home  
Since 1977

# Our Services

## Title III of the Older Americans Act

- Certified Nurse Aide Services
- Respite
- Home Management
- Transportation
- Congregate Meals
- Home Delivered Meals
- Case Management
- Senior Center Activities
- Information and Referral
- Outreach
- Volunteer Opportunities

**Clients must be 60 years of age or older.**  
**Cost sharing requested based on income.**

## Intergenerational Day Care

- Adult Day Care/Day Health Care for disabled and older adults
- Day Care for typically developing children as well as children with developmental disabilities, infants to five years

## Senior Center Activities & Opportunities

- Arthritis, Vision, Alzheimer's, Bereavement, Diabetes, & MS Support Groups
- Educational Opportunities
- Craft Classes, Christmas Bazaar & Fun Trips
- Volunteer Opportunities
- N.C. Senior Games
- Health Screening & Promotion
- Exercise Equipment
- Social Security Assistance
- AARP TaxAide
- SHIIP (Senior Health Insurance Information Program)

## Community Alternatives Program for Disabled Adults (CAP/DA)

- Personal Care Aide Services/In-Home Aide Services
- Case Management
- Skilled Nursing Services-Home Health Nurse visits
- Physical, Occupational and/or Speech Therapy
- Institutional & Non-Institutional Respite Care
- Adult Day Health Services
- Durable Medical Equipment and Supplies
- Personal Emergency Response Service-Lifeline
- Waiver Supplies-Nutritional supplements, incontinence supplies and medication boxes
- Home Modification & Mobility Aids
- Home Delivered Meals
- Prescription medications will be covered by Medicaid, if client does not have Medicare. Clients with Medicare will have prescription coverage through Medicare Part D. (No over the counter meds will be covered.)
- Participant Goods and Services
- Transition Services (Funding available Through Money Follows the Person to assist client in transitioning from nursing facility to their home.)
- Training and Education Services
- Assistive Technology Services

## Community Alternatives Program for Consumer Directed Care (CAP/Choice)

- All those mentioned above for CAP/DA clients, except Case Management
- Personal Assistant Services (Provides help with personal and home maintenance tasks)
- Care Advisor Services (Specialized Case Management)
- Financial Management Services-GT Financial

**Medicaid recipients 18 years and older who would otherwise require care in a nursing facility may qualify to receive CAP/DA.**

## Private Pay

- In-Home Care
- Home Management Services
- Respite
- Adult Day Care/Day Health Care
- Meals

## Ashe Senior Village, Inc.

160 ChattyRob Lane #25  
West Jefferson, NC 28694  
Phone: (336) 246-9791  
Fax: (336) 246-9799

Email: [ashesrvillage@embarqmail.com](mailto:ashesrvillage@embarqmail.com)  
Nancy S. Houck, Site-Manager

## Supportive Housing for Persons Age 62 & Older

### Amenities:

- Inside Entrances to Apartments
- Appliances Included
- Laundry Facilities
- Water & Sewer Included in Rent
- Wall to Wall Carpeting
- Storage Area
- Personal Porch

# Our Mission

Ashe Services for Aging's Mission is to provide services, intergenerational activities, and opportunities to the elderly and disabled adults of Ashe County that enhance their dignity and help them maintain their independence at home.

Licensed by the N.C. Division of Health Service Regulation