

Contact

Us at:

Ashe Services for Aging

180 Chattyrob Lane

West Jefferson, NC 28694

Phone: (336) 246-1500

Fax: (336) 246-5724

www.AsheAging.org

E-mail: jessicacarter@asheaging.org

Hours of Operation

Monday-Friday

7:00am-5:00pm

Our Staff

Director

Registered Nurse

3 Certified Nursing Assistants

Volunteer with the Appalachian
Senior Companion Program

**FOR MORE INFORMATION
CONTACT JESSICA CARTER,
DIRECTOR**

Ashe Services for Aging is an equal opportunity employer and provider.



GENERATIONS ADULT DAY HEALTH CARE CENTER



A Family
Away From
Home

Do You...

..worry about a loved one sitting at home during the day?

..worry whether they have eaten or taken their medicine?

..need help providing personal care to a loved one?

..need some time for yourself to do errands or rest?

..currently pay someone to sit with a family member?



Allow Your Loved One To Attend Our Adult Day Center

We Serve Those 18 & Over
Who:

- Need transportation to the facility & physicians offices
- Need a supervised & stimulating environment
- Need health, medicine, or diet monitoring
- Need personal care
- Need suitable exercise
- Want to spend time with friends



Our Daily Activities Include:

- Hot Lunch
- Morning & Afternoon Snacks
- Bingo
- Art
- Crafts
- Cooking
- Movies
- Flower & Vegetable Gardening
- Birthday Parties
- Field Trips
- Special Guests (Singers, Musicians, Story Tellers)
- Senior Aerobics/ROM exercise
- Walking Trail
- Activities with kids from adjacent Childcare Center

And Many More.....