

# Mark Your 2018 Calendars!

Please join us for the following presentations



Brought to you by Ashe County Senior Center in partnership with Vaya Health's Geriatric & Adult Mental Health Specialty Team.

**Location:** Ashe County Senior Center  
180 Chattyrob Lane, West Jefferson

**Time:** 10:30-11:30 AM



Jan. 22 <sup>nd</sup>	Brain Health Bingo
Mar. 19 <sup>th</sup>	Late Life Buzz Bingo
May 21 <sup>st</sup>	Lewy Body Bingo
July 16 <sup>th</sup>	Depression Bingo
Sept. 17 <sup>th</sup>	Antipsychotic Medication Bingo
Nov. 19 <sup>th</sup>	Post Traumatic Stress Disorder Bingo



Access to mental  
health services:  
1-800-849-6127

Hearing impaired?  
Call NC Relay 711

[www.vayahealth.com](http://www.vayahealth.com)

One hour of free DHR approved continuing education credit will be awarded upon completion of each class.

