

Mark Your 2018 Calendars!

Please join us for the following presentations



Access to mental
health services:
1-800-849-6127

Hearing impaired?
Call NC Relay 711

www.vayahealth.com

Brought to you by Ashe County Senior Center in partnership with Vaya Health's Geriatric & Adult Mental Health Specialty Team.

Location: Ashe County Senior Center
180 Chattyrob Lane, West Jefferson

Time: 2:00-3:00 PM

Registration: mandy.matney@vayahealth.com or
Contact Glenda or Terri at the Senior Center
336-246-4347

Jan. 22 nd	Mental Health 101
Feb. 19 th	Crisis Prevention and De-escalation
Mar. 19 th	Substance Abuse and Opioid Crisis
April 16 th	Schizophrenia and Other Psychotic Disorders
May 21 st	Neurocognitive Disorders: Dementia Overview
June 18 th	Working with Common Behaviors Challenges in Dementia
July 16 th	Depression and Suicide in Older Adults
Aug. 20 th	Anxiety Disorder
Sept. 17 th	Commonly Misused Medications in Older Adults
Oct. 15 th	Suicide Indicators, Response and Prevention
Nov. 19 th	Post Traumatic Stress Disorder
Dec. 17 th	Effective Communication Techniques

One hour of free DHR approved continuing education credit will be awarded upon completion of each class.

